



24:7 SCHOOL MINISTRY

**CONFIRMATION
WORKSHOP
PARENT
REFLECTION**

Dear Parents,

Thank you for attending our Sacrament of Confirmation Workshop. This was designed in such a way that together with your child, we could achieve the following outcomes;

1. Enhanced Understanding of Confirmation's Significance

Gain a deeper understanding of the spiritual and theological importance of Confirmation, including its role in completing Christian initiation and empowering individuals to live out their faith.

2. Strengthened Family Faith Practices

Families will be inspired to integrate faith-based discussions and activities into their daily lives, fostering a deeper connection to the Gifts of the Holy Spirit and the mission to be Christ in the world.

3. Empowerment for Faith in Action

Participants will leave the workshop equipped with practical ways to live out the teachings of Confirmation. This includes serving others, embracing the path of sainthood, and reflecting the love and mission of Christ in their communities.

4. Renewed Commitment to Mission

Parents and families will feel a renewed sense of purpose as witnesses to Christ, inspired by the sacrament to contribute positively to their church, local communities, and the world at large.

The following is a series of 6 reflections and prayer experiences that can help to consolidate all that was covered within the workshop experience. Work through these reflections at your own pace or perhaps discuss as a family periodically.

WHY CONFIRMATION?

Confirmation is a pivotal moment in a person's faith journey, as it strengthens their bond with the Holy Spirit and the Church. We are called to reflect on our hopes and intentions for our spiritual growth through this sacrament.

Reflection

Choosing Confirmation means affirming our desire to grow in faith and live as a disciple of Christ. This sacrament marks our commitment to God and the Church, empowered by the Holy Spirit to live a life of faith, hope, and love.

Action

Reflect as a family on the importance of faith in your lives. Share with your child why Confirmation matters to you and encourage them to embrace this step with an open heart.

Scripture - Jeremiah 29:11

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."



IMPACTING THE WORLD

Confirmation empowers us to live out our faith in action, bringing God's love and light into the world. It is important that we appreciate how the sacrament inspires transformation and service.

Reflection

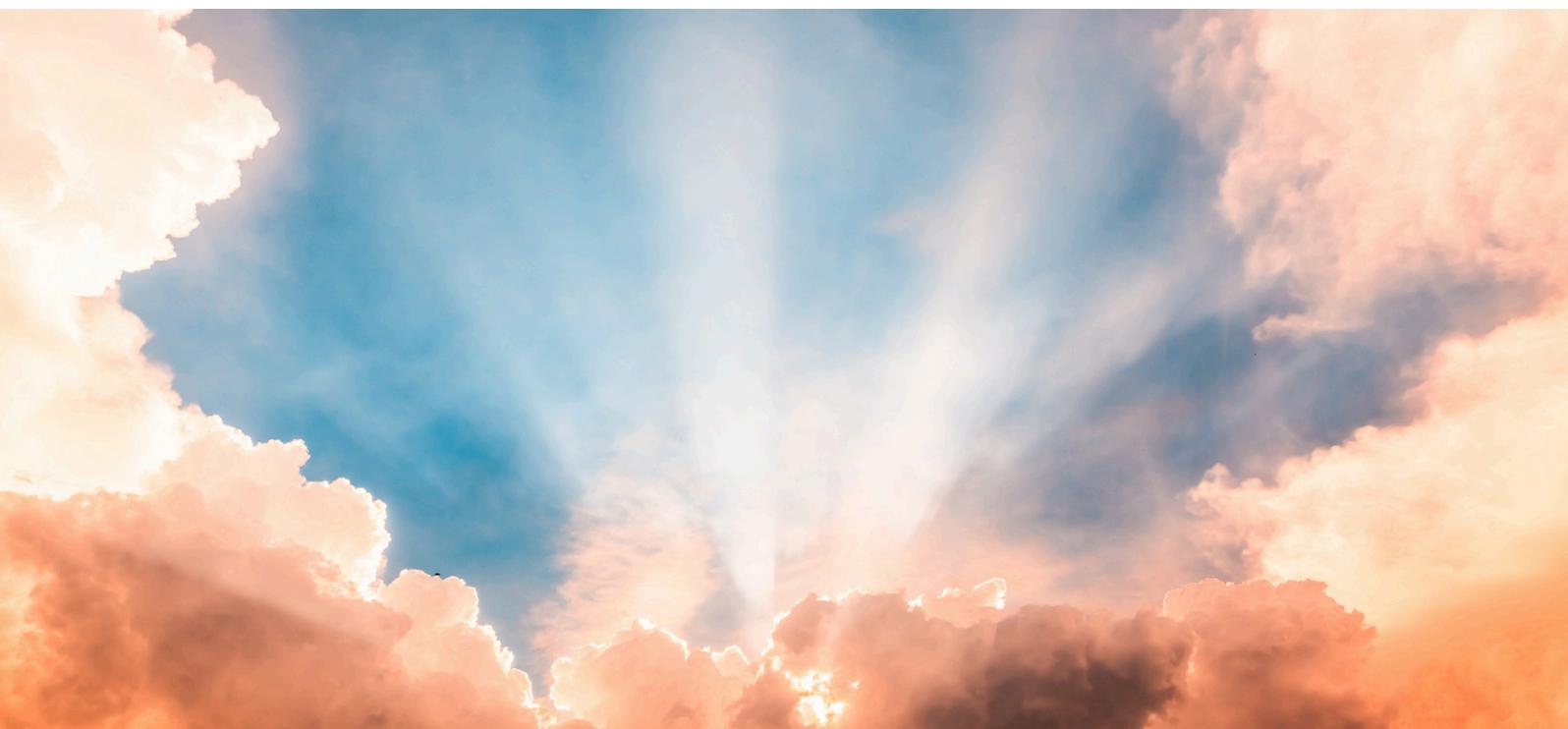
Being confirmed means being sent forth to make a difference in the world. It's a call to live courageously, guided by the Holy Spirit, and to share Christ's message of love and compassion through our words and deeds.

Action

Encourage your family to identify ways to serve the community, such as volunteering or supporting those in need. Discuss how the Holy Spirit inspires our actions to bring positive change.

Scripture - Matthew 5:16

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."



FULLY INITIATED

The Church teaches that Confirmation completes a person's initiation into the Christian faith, empowering them to take on the mission of Christ. It is important to regularly reflect on what it means to live out this mission.

Reflection

Confirmation is not an end but a beginning—a launch into a life committed to spreading the Good News. By receiving the Holy Spirit, we are equipped to act as witnesses of Christ in our daily lives, bringing His love to those around us.

Action

As a family, pray together for the courage to live out your mission as Christians. Discuss how each of you can witness to Christ's love at home, school, work, and in the broader community.

Scripture - Acts 1:8

"You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."



GIFTS OF THE HOLY SPIRIT

The Gifts of the Holy Spirit—wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord—equip us to live out our faith and mission effectively. Taking time to reflect on these gifts and their purpose will assist us to live our lives with purpose.

Reflection

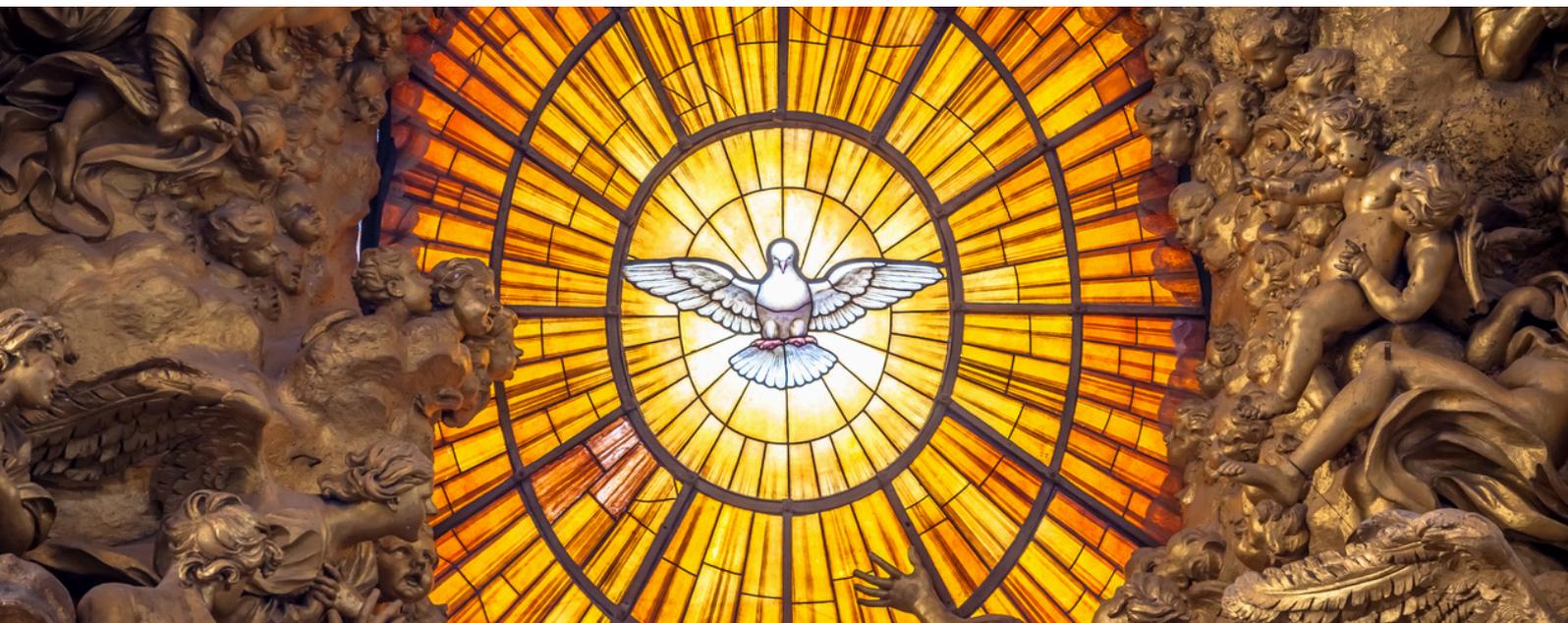
Through Confirmation, the Holy Spirit blesses us with gifts to guide our choices, strengthen our resolve, and deepen our relationship with God. Each gift enables us to grow in holiness and fulfill our mission as disciples of Christ.

Action

Encourage each family member to reflect on how they can use the Gifts of the Spirit in their daily lives. Pray together for the Holy Spirit's guidance in living out these gifts.

Scripture - John 14:26

"But the Helper, the Holy Spirit, whom the Father will send in my name, will teach you all things and bring to your remembrance all that I have said to you."



PATH OF SAINTHOOD

The Gifts of the Spirit not only prepare us for mission but also guide us on the path of sainthood. Just as we take on the name of a Saint at our Confirmation it is important to recognise that the Gifts of the Holy Spirit help us grow in holiness.

Reflection

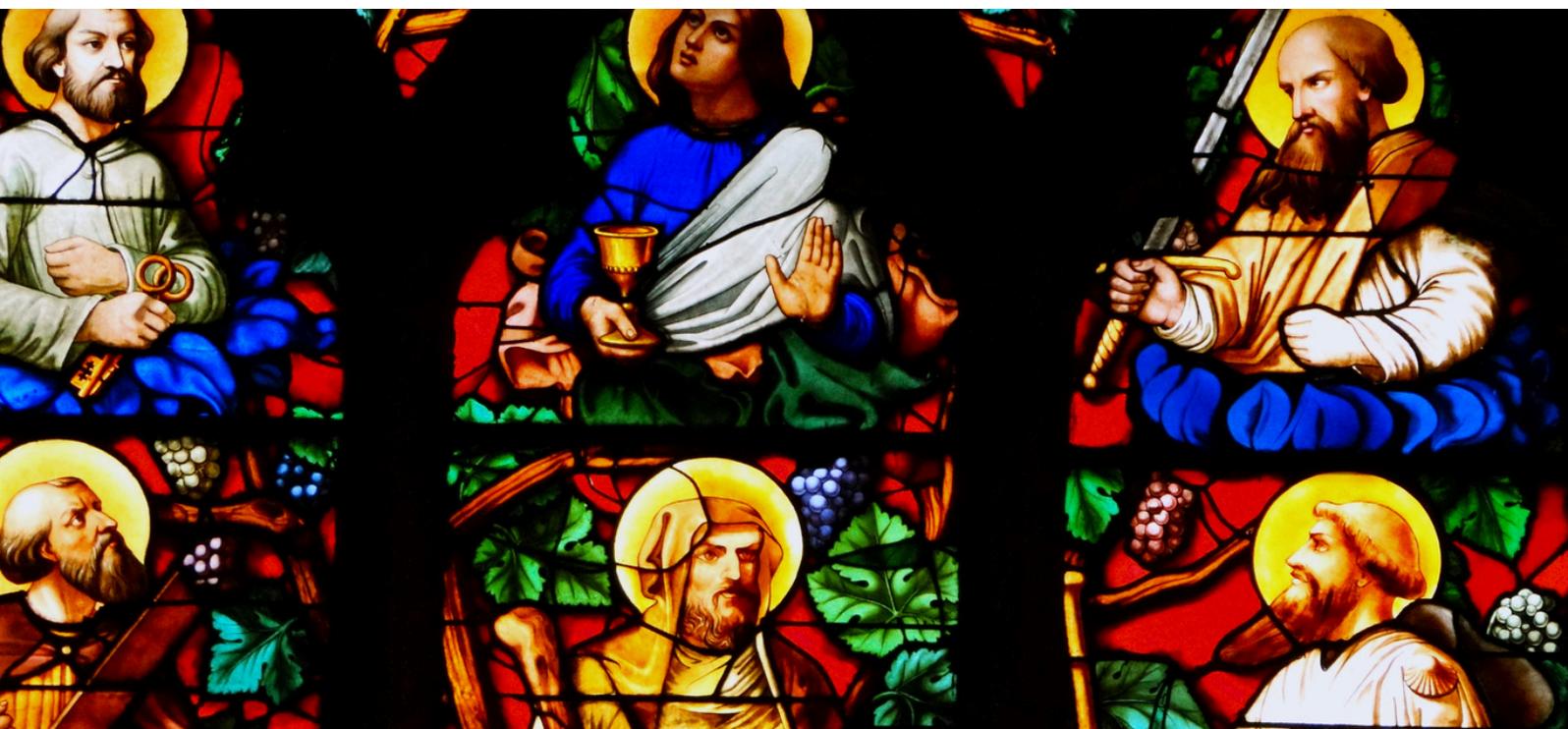
By embracing the Gifts of the Spirit, we are called to live virtuous lives and reflect God's love to the world. Saints serve as examples of how to use these gifts to live in faith and devotion, inspiring us to follow in their footsteps. We should live our lives in the hope that one day others will take on our name as their Confirmation Saint.

Action

Choose a saint as a family to learn about and emulate. Reflect on how their life reflects the use of the Holy Spirit's gifts and discuss ways you can apply these lessons in our own lives.

Scripture - 1 Thessalonians 4:3

"For this is the will of God, your sanctification."



EQUIPPED TO BE CHRIST IN THE WORLD

Confirmation prepares us to go out and be Christ to the world, living as His hands and feet. Christ gives His Spirit to us to shape our lives and actions to do the things He did and even greater ones.

Reflection

Through the Holy Spirit, we are empowered to share Christ's love and compassion. Being Christ in the world means acting with kindness, serving others, and bringing hope and joy wherever we go.

Action

As a family, commit to a service project that reflects Christ's love, such as helping a neighbour, supporting a charity, caring for the environment, and serving in our parish. Reflect on how this action brings Christ's presence to the world.

Scripture - Matthew 25:40

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me."



ADDITIONAL WORKSHOP RESOURCE

Made for This - The Commissioned Mission

Commissioned for Mission helps parents and Confirmation Candidates to understand the heart of Confirmation—how the Holy Spirit equips us to live our faith with courage, purpose, and joy. It's a clear, uplifting guide for families walking this journey together.

Made For This can be purchased from [Amazon](#) (\$16.50) or direct from Mario at the Workshop (\$10)

